

# Eurhope



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## EU as a solidarity's house for minors out of home

ERASMUS+ PROJECT

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EURHOPE - EU AS A SOLIDARITY'S HOUSE  
FOR MINORS OUT OF HOME

## Newsletter n°11

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Dear readers,

we are pleased to share with you the latest developments of the EURHOPE project, an initiative created to establish a support network for young people out of home, enabling them to feel part of a democratic and inclusive society. In this edition of our newsletter, we wish to present the results of the training activity dedicated to adult volunteers, a key element of the project's path.

Between January and May 2025, Activity 1: Training & Mentoring of Work Package 3 (WP3) took place, a fundamental moment to prepare adults capable of becoming stable reference points and models of active citizenship for minors out of home. The objective of the course was to strengthen the relational skills of the adults involved and to stimulate a deep reflection on their role as companions in the young people's journey of growth and social inclusion.

### **The training: a journey rich in experiences and reflections**

The training program was structured in a total of 12 hours, divided into two main modules:

#### **Module 1 – Relational Support (8 hours)**

In this module, themes related to the phenomenon of minors out of home and their need for accompaniment were addressed, through the analysis of the context and specific needs. The sessions were characterized by a participatory approach: group activities, viewing of films and video-testimonies, guided discussions, and moments of shared reflection.

Particular attention was paid to understanding the profile of minors out of home: young boys and girls who have often lived through experiences marked by trauma, lack of affection, and instability. Their needs and desires were explored in depth, as well as the importance of welcoming their complexity without judgment.

A specific focus was placed on the relationship with positive adults and the qualities that distinguish them: empathy, listening skills, patience, consistency, and the ability to offer emotional security.

The module also emphasized the educational significance of civic engagement, highlighting the adult's role in promoting the values of solidarity and active participation, including through their own example. The discussion on the so-called "7 golden rules" for relating to minors (including: being present without expecting immediate reciprocity, listening without judging, respecting the young people's timing and silences) enriched the debate and the participants' awareness.

### **Module 2 – European Citizenship (4 hours)**

The second module's central theme was the promotion of active citizenship and managing discussions with minors. Participants were guided in reflecting on how to accompany the young people in developing awareness of their rights and duties, encouraging them to feel part of a broader community founded on the European values of respect, inclusion, diversity, and solidarity. Through practical activities and guided discussions, strategies were shared to encourage the young people's expression, stimulate critical thinking, and support a conscious use of social media and digital tools. The module also addressed highly topical issues such as respect for differences, participation in civic life, and the defense of fundamental rights.

### **The participation of the partners: a synergy rich in relationships and perspectives**

The training saw the active involvement of volunteers selected by the project partners, who contributed with valuable experiences and viewpoints, further enriching the course.

In Greece, thanks to the commitment of the partner Arsis, about 13 adults were involved.

In Spain, Cordoba Acoge involved about a dozen participants.

Finally, in Italy, the partners MetaCometa and Centro Studi Affido reached about 18 adult volunteers.

## Conclusions

The training activity proved to be an essential step in building solid educational and relational networks around minors out of home. The commitment of the adults involved, combined with the synergy between the partners, represents a concrete example of how the European Union can be a true "house of solidarity" for the youngest. The EURHOPE project will continue in the coming months with initiatives aimed at promoting social inclusion, active participation, and well-being for all the young people involved.

Thank you for your continued support and for the attention you give to this important initiative.



*Thank You*



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