



Erasmus+
Enriching lives, opening minds.

Eurhope

EU as a solidarity's house for minors out of home
Erasmus+ project n. 2023-2-IT03-KA220-YOU-
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Agenzia Italiana
per la Gioventù



Co-funded by
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Life Skills Module 3

Critical and Creative Thinking



HELLENIC
AMERICAN
UNION



PROGETTO FAMIGLIA
CENTRO STUDI AFFIDO

In this module, we will talk about:



Critical thinking

Effective questioning techniques

Analyzing information

Problem solving



Creative thinking

Developing new ideas

Finding solutions to problems

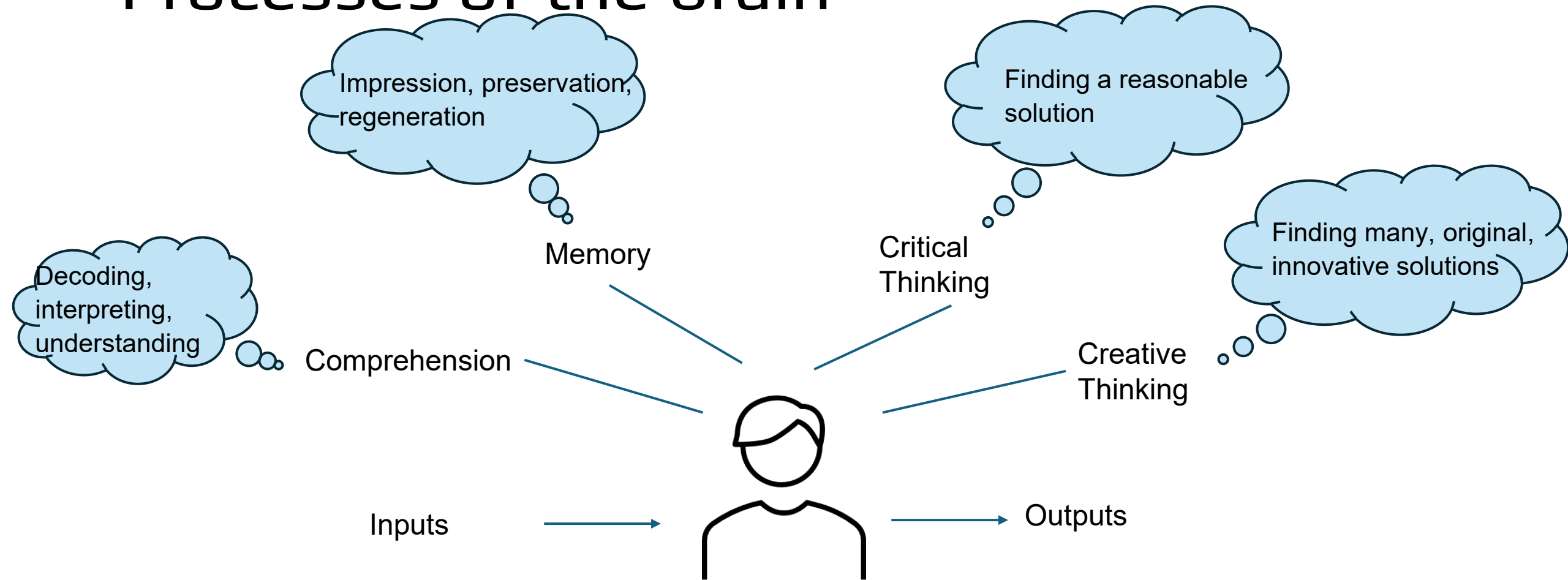


Personal growth

Understanding different learning styles

Developing strategies for personal development

Processes of the brain



Critical
thinking



If you have it, you don't share it

If you share it, you don't have it

What is it?

?

If there are three apples
and you take two,

How many do you have?

?

Two people were playing chess
and both won.

How did this happen?



What is critical thinking?

Critical thinking is the ability to interpret, evaluate, and analyze the available facts and information, to form a judgment, find a solution or decide if something is right or wrong.



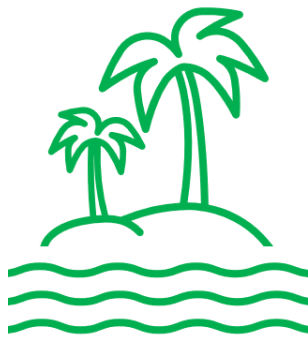
How to improve your critical thinking

- **Ask effective questions** that promote deeper understanding (e.g., who, what, where, when, why, how).
- **Seek feedback.** Receiving feedback can help you identify areas of improvement, learn from your errors, and gain new perspectives.
- **Be aware of your biases.** Think about and acknowledge your personal opinions, biases and assumptions. Your tendency to favor one thing over another can prevent you from making fair, accurate and objective decisions.
- **Analyze existing information.** Evaluate all the information and evidence you have, to make sure it is accurate and relevant.
- **Learn new skills.** Through learning new skills, you can broaden your horizons, challenge your mind, expand your knowledge, acquire new abilities



The Survival Game

You are on an uninhabited island. Your watch stopped and you missed the boat back to civilization. The next boat will be in a week's time. Below is a list of 20 items that could help you during your stay. Rank them in order of most important (1) to least important (20)



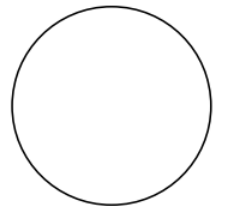
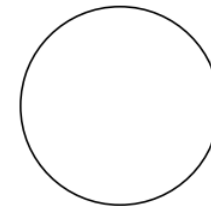
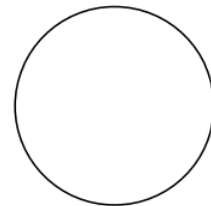
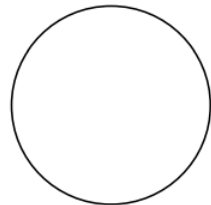
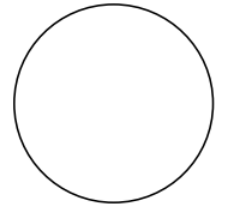
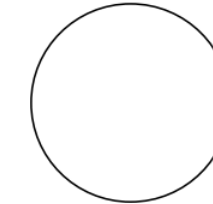
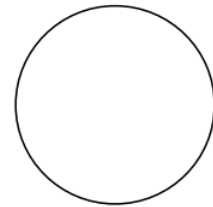
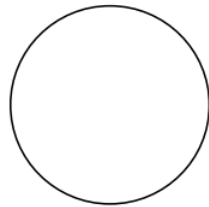
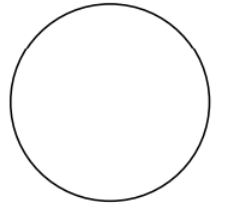
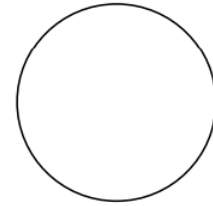
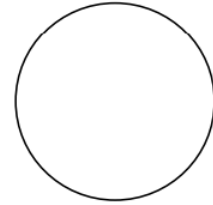
- A bag of dried fruit
- 6 bottles of drinking water
- A jackknife
- Matches
- A blanket
- A bathing suit
- A can opener
- 10 cans of vegetables
- 10 bunches of bananas
- Chewing gum
- Soap
- Ketchup and mustard
- A change of clothes
- A compass
- A raincoat
- A device that converts salt water to drinking water
- A radio
- A camera
- A flashlight
- A sack of potatoes



Creative thinking

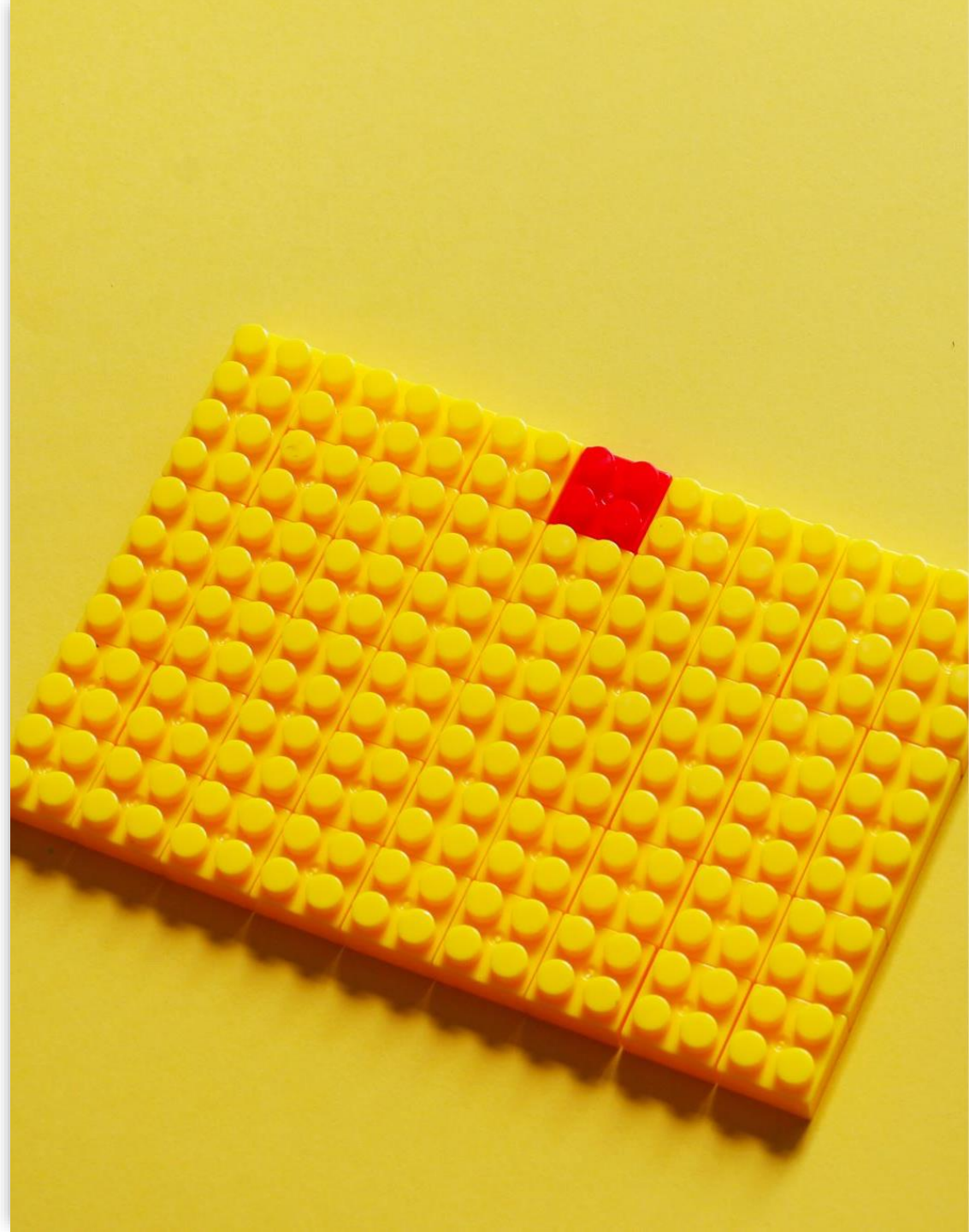


How many
circles can you
complete in 3
minutes?



Group Activity

- What things would you change the shape of to make them more practical?
- i.e. I would make the apples rectangle to stand on a shelf.



What is creative thinking?

Creative thinking is the ability to produce many, unique, original, alternative ideas or solutions.

Creative thinking is a safeguard against deadlocks.



However,...

Creativity is like a parachute.
It only works if you open it !



How to enhance your creative thinking skills

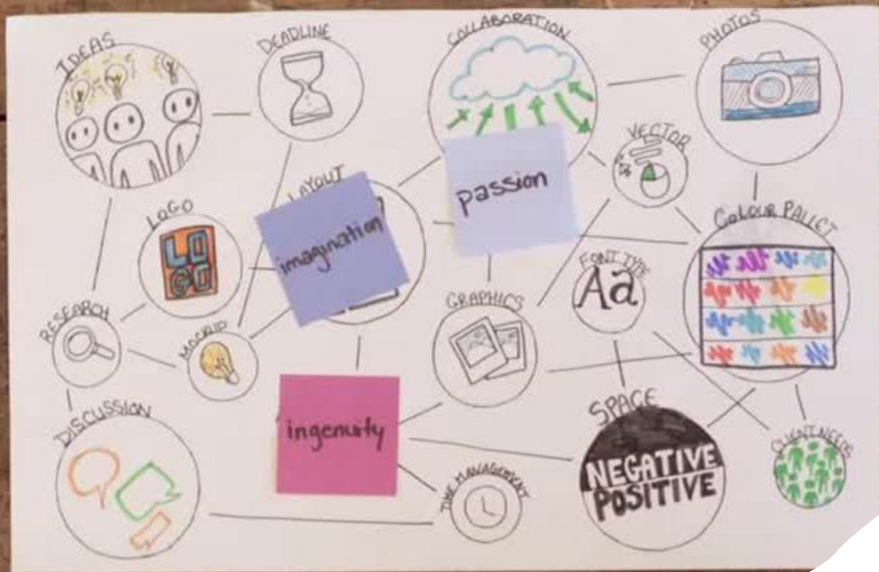
- Practice on your own
- Collaborate with others
- Be curious and keep interesting things in a folder
- Challenge yourself
- Ask “what if” questions.



Brainstorming

Rules:

- There are no winners or losers.
- No criticism or judgment of ideas
- Build ideas on another team member ideas
- The activity will end in 5 minutes. During this time, each of you must give at least one suggestion.
- You write your answer on a post-it note, and you put the note on the wall. If you come up with more answers, you write each one on a separate post-it note and put in on the wall.





Brainstorming group activity

Find as many unusual uses for a
shoe as possible



Creative and critical thinking for problem solving



First: creative thinking: to find many alternative ideas to solve the problem



Then: critical thinking: to use logic to examine the ideas generated and find the best solution



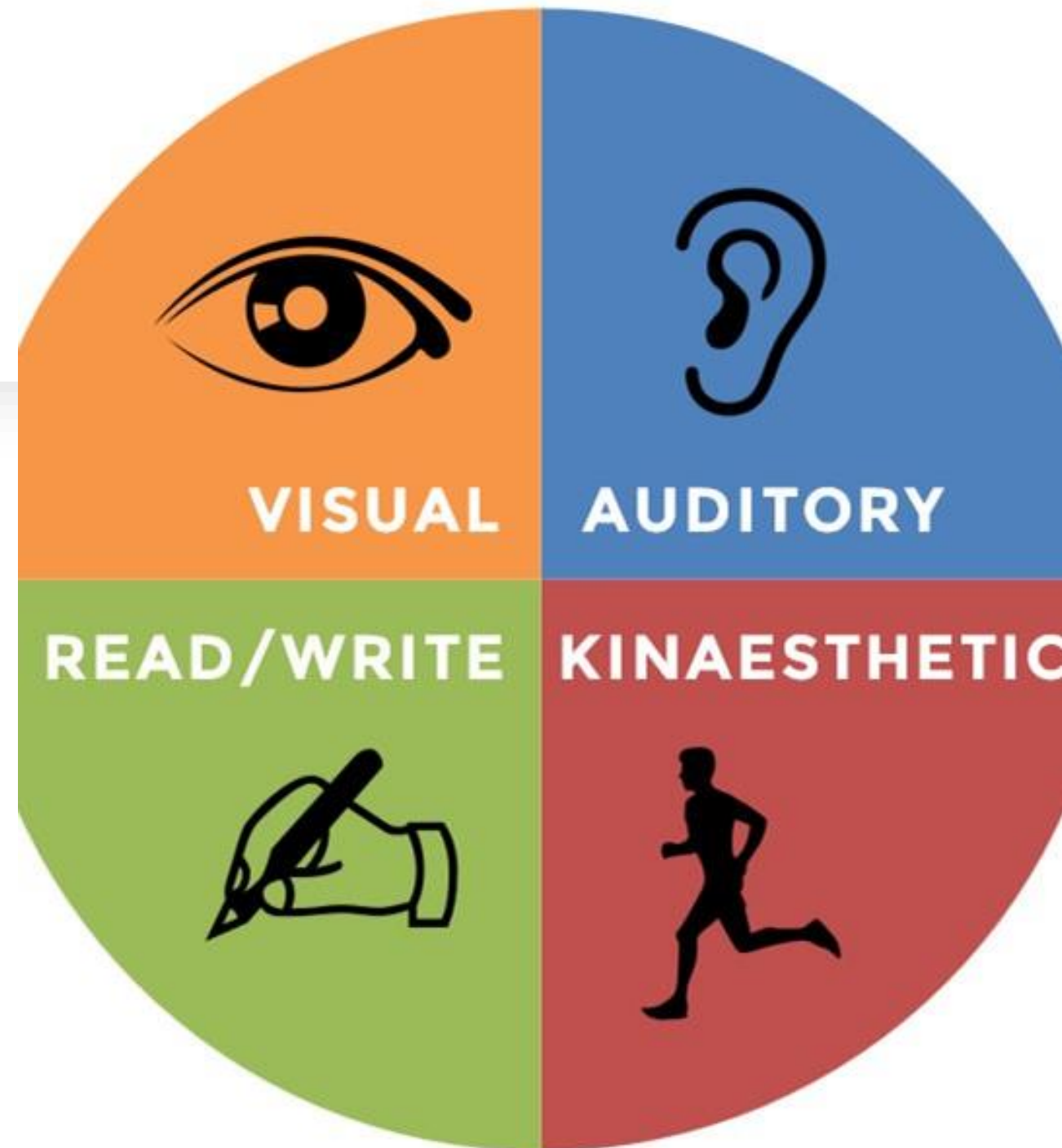
Personal Growth



Learning styles

There are 4 predominant learning styles:

1. Visual learning style
2. Auditory learning style
3. Reading/Writing
4. Kinesthetic learning style



Visual learning style



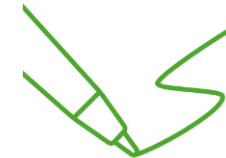
Visual learners learn
through seeing



Visual display of
information is important
(charts, pictures, diagrams,
etc)



Replace words with
symbols



Underline and use
highlighters with different
colors

Auditory learning style



Auditory learners learn through listening



Lectures and discussions are important



Read text out loud



Discuss the topics with other persons

Reading/Writing learning style



Kinaesthetic learning style



Kinaesthetic Learners learn through doing



Use all of your senses into the experience – sight, touch, taste, smell



Include many examples for each concept in your notes



Use of practice questions and exams as possible

How to become the best version of yourself

- Explore Interests and Passions
 - **Experiment:** Try different activities and hobbies to see what resonates with you.
 - **Learn from others:** Seek out mentors and role models in a field.
 - **Stay curious:** Keep exploring, asking questions, and pushing boundaries.
- Invest in education
 - **Education** is not just about textbooks and exams; it's about equipping yourself with the tools to shape your future.
- Building Healthy Relationships
 - **Effective communication:** Be a good listener and express your thoughts and feelings clearly.
 - **Support system:** Surround yourself with people who uplift and support you.





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